

St. Monica's



Annual Report 2014

FROM THE EXECUTIVE DIRECTOR

Each time I'm asked to write a letter for our Annual Report, my first reaction is, "Surely it hasn't been a year already?" Time flies when you're working in the nonprofit sector!

The past year was a very special one for many reasons. We started 2014 with a very generous anonymous gift that allowed St. Monica's board to make some strategic financial decisions for our long-term stability. And we rolled out a variety of great activities to celebrate St. Monica's 50th Anniversary.

Just think for a moment about the significance of a nonprofit reaching 50 years ... it's quite an achievement, and one that very few Lincoln agencies have reached. Even more significant is the impact of those 50 years, truly remarkable. We've grown from one small house with a few beds to seven facilities all over Lincoln. An estimated 8,000 women have come through St. Monica's doors over the past half-century, gaining not only sobriety but the skills to improve their lives for the long-term.

Our 50th festivities included a statewide conference on women, trauma and addiction that was so well attended we had to turn folks away. The highlight was our keynote speaker, leading national expert Dr. Stephanie Covington, along with Dr. Lisa Najavits and loads of local expertise, collectively providing two days of great learning and sharing.

And hopefully you were able to follow along with our 50 Years, 50 Stories of Recovery on our website. The stories were inspiring and a great reminder of the amazing things that occur each and every day here at St. Monica's. In the words of one of those women, "My journey of recovery, faith, strength, hope and joy began the day I walked through the doors."

We couldn't continue to remain a leader in the field of treatment for women, their children and families without each and every one of our supporters. You make it all possible. Here's to the next 50 years ~ imagine what we can accomplish together!



Mary

Mary Barry-Magsamen | Executive Director

IN 2013-14, ST. MONICA'S PROVIDED SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES TO 337 WOMEN IN RESIDENTIAL AND OUTPATIENT PROGRAMS.

St. Monica's is Lincoln's only gender-specific substance abuse treatment program. Project Mother and Child Program is the only long-term treatment program in the region in which women can keep their children with them while in treatment.

In addition to substance abuse treatment and mental health counseling, St. Monica's provides licensed child care to infants and children while their mothers participate in treatment services each day, serving 24 infants and children in the past year, including 2 healthy, drug-free births to clients and 11 moms legally reunited with 14 children while in residential treatment.

- ☞ 74% of clients were unemployed upon admission
- ☞ 89% had an annual income of under \$10,000
- ☞ 25% were homeless
- ☞ 96% report having experienced trauma
- ☞ 86% have current or previous domestic violence issues
- ☞ 53% have been sexually assaulted
- ☞ Average age at admission: 33
- ☞ Average age of first drug/alcohol use: 13
- ☞ Primary drug of choice was methamphetamine (44% of clients), followed by alcohol (31%)



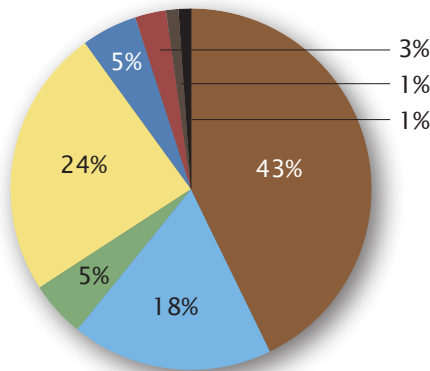
2013-2014

St. Monica's is dedicated to the recovery of women of all ages through empowerment, stability, and self-fulfillment.

St. Monica's

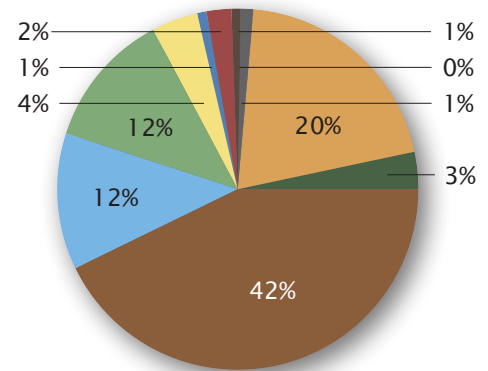


Celebrating fifty years of recovery for women and families in 2014



REVENUE & SUPPORT

State Support	1,446,962
Medicaid/Private Insurance	602,294
Contracts	172,079
Donations/Grants/Fundraising	794,597
Federal Support	177,484
United Way/JBC	89,130
Client Fees	35,916
Other	25,728
Total	3,344,189



EXPENSES

Program Services Expenses	
Short-Term Residential	1,321,327
Project Mother & Child	375,455
Therapeutic Community	368,638
Early Childhood Center	131,443
Intensive Outpatient	39,867
Community Support	58,173
Peer Support	41,230
Outpatient	10,337
Next Step Transitional Housing	33,305
Management & General	630,772
Fundraising	108,488
Total	3,119,035