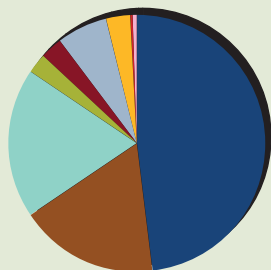


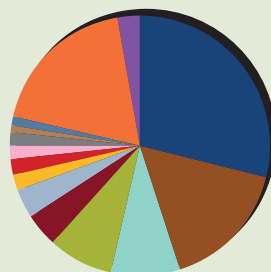


### Revenue and Support



State Support	\$1,682,886
Federal Support	\$ 613,228
Medicaid/Private Insurance	\$ 652,420
Grants	\$ 94,178
United Way/JBC	\$ 98,696
Contracts	\$ 218,008
Donations/Fundraising	\$ 109,159
Client Fees	\$ 4,053
Other	\$ 18,737
<b>Total</b>	<b>\$ 3,491,365</b>

### Program Service Expenses



Short-Term Residential	\$1,031,593
Project Strong Families	\$564,876
Project Mother & Child	\$302,789
Therapeutic Community	\$293,447
Early Childhood Center	\$145,247
Outpatient	\$127,705
Intensive Outpatient	\$71,357
SPROUT - Training Institute	\$67,282
Adolescent Girls Residential	\$57,294
Community Support	\$53,897
Peer Support	\$38,082
Adolescent Girls Outpatient	\$33,061
Next Step Transitional Housing	\$5,742
Management & General	\$658,990
Fundraising	\$89,099
<b>Total</b>	<b>\$3,540,460</b>



## Outside challenges, inner strengths

2011 proved to be a challenging year for St. Monica's. Amidst numerous statewide system issues such as Child Welfare Reform, we found ourselves caught in unknown territory, working to keep as many infants and children with their mothers as possible while navigating billing nightmares with state-contracted entities that were unable to fulfill their obligations. Like organizations across the state, St. Monica's was left to serve children and families while waiting for a series of contract and billing negotiations. Many of those system issues are still being negotiated as this report goes to press and are not yet fully resolved.

While external difficulties had a negative impact on our bottom line, our staff and volunteers continue to provide services that afford women the opportunity to learn to live substance free, to parent their children, and to contribute to our communities. Using Evidence-Based Practices, St. Monica's continues to be a leader in the behavioral health field.

In addition to our tried and true programs like Therapeutic Community and Project Mother and Child, we added a new residence. Next Step is a sober housing option for women who have no affordable options upon graduation. Each woman pays weekly rent for her private bedroom, while sharing living and kitchen spaces. This is a cost-saving alternative for women who might otherwise be forced to live in homeless shelters or return to unsafe living situations.

Among our success stories this fiscal year:

- We welcomed 8 healthy births to mothers in our programs
- 13 mothers were legally reunified with their children
- 37% of our clients found employment while in treatment (91% were unemployed at admission)
- 66% successfully graduated treatment (national average is 40%)
- 98% reported their quality of life improved at discharge
- 93% reported they would recommend St. Monica's if a friend or relative needed help

We couldn't do any of this without the generous support of our donors, from the local foundations and businesses who have been our community partners for the past 47 years, to the hundreds of caring individuals who help us bridge the widening gap between the cost of our services and the shrinking and unstable payment systems we maneuver. You make it possible for women to build healthy new lives for themselves and their families every day of the year.

I hope you will continue to support the life-changing work of St. Monica's. In these tight economic times, it becomes even more important to ensure that women with no resources have access to services that will save their lives and allow them to parent and contribute to their communities. Less than that is not only failure on a human level, it is a financial failure that exceeds the cost of treatment with more expensive criminal justice services and foster care.

Your support allows us to navigate external roadblocks and continue helping women and families create healthy and productive futures. You are an integral part of the St. Monica's success story. Thank you for all you do.

Mary Barry-Magsamen  
Executive Director

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## Our Mission

St. Monica's is committed to the recovery of women of all ages through empowerment, stability, and self-fulfillment.



## St. Monica's alumni make us proud!

Every day of the year,  
women and children  
are growing healthy  
new lives here at  
St. Monica's.

We are so proud of our thousands of St. Monica's alumni who go on to lead successful and healthy lives in recovery! Women like "Terry" (not her real name), who graduated from Project Mother & Child with her infant son. More than a year later, Terry is living in central Nebraska, has a steady job and a strong bond with her little boy, who is growing up all too quickly. Terry and her son were the beautiful faces on this year's holiday card.



In addition to substance abuse treatment and mental health counseling, St. Monica's provided licensed child care to 35 infants and children in the past year while their mothers participated in treatment services each day.

St. Monica's believes in the power of families.  
Your gifts make it happen.

**Thank you for your ongoing support.**

May health, happiness, and hope greet you  
each day of the new year.

Mary

from the board and staff of St. Monica's  
Mary Barry-Magsamen, executive director

St. Monica's



Our St. Monica's Alumni Association is a great way for program graduates to stay connected, stay strong in recovery, and help current clients follow in their footsteps. This dedicated new group of volunteers is growing quickly as well. If you're a St. Monica's graduate and would like more information about the Alumni Association, call (402) 434-2814.

## More than a "little" help from our Friends!

Our new Friends of St. Monica's group is doing wonderful things! In its first year, Friends spearheaded our "Pillow Talk" spring luncheon and designer pillow auction, bringing in more than \$8,000 for St. Monica's programs and services. This group of dedicated supporters has also been active in landscaping and bedroom renovations at our residences

and making sure the women and children in our programs had gifts at the holidays. With Friends like these, we don't just get by ~ we thrive!

If you'd like to become a Friend of St. Monica's, call 402.434.2812 or visit [www.stmonicas.com](http://www.stmonicas.com).







# Thank You to our generous donors in fiscal 2010-2011. You are changing women's lives!



The drug of choice across programs is methamphetamine and alcohol. The most common mental health diagnoses are depression, trauma and PTSD.

- Marilyn Cintani • Robert & Sharon Cirone • Patrick Clare • David Clark • Kevin & Laurie A Clark • Linda Luanne Clark • Robert Clark • Jamie Claus • Troy & Jenny Clemens • Jacy & Logan Cleveland • Kacy Cleveland • Marilyn Cobb • Lisza Coffey • Jane Cogan • Barbara Coke • Sue Cole • Casey Coleman • Craig Coleman • Peggy Collins • CommuneHealth Electric • Whitehead Oil • Creative Marketing Concepts • Melissa Condo • Jay Conrad • Laurie Conrbruck • Mark Comatore • Michelle Coon • Tammy Cope • Conhusker Bank • Conhusker Kiuwans • MaryAnn & Roger Cotner • Allen Covault • Cindy Cox • Rick & Darla Cox • Sarah Cox • Cameron & Susan Craig • Paul Craig • Brad & Jonell Crain • Devan M. 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Alcohol and drug problems drain \$353 billion each year from the US economy. By investing in treatment, we as a community can save nearly \$43,000 per client.



St. Monica's is the only local gender specific substance abuse treatment program. Our Project Mother & Child is the region's only long-term treatment program where women can keep their children with them while in treatment.

- Schuller • Heidi Schulz • Lisa Suzanne Schulz • Klara Schuman • Wendy Schuman • Lyndie Lewis & Katharina Schuidait • Connie Schwindt • Judi Scully • Deb Selix • John Selzer • Coleen Seng • SENTRY Electric • Sertoma Club - Northeast • Setjie Surveying & Engineering Inc. • Dean Settle • Colleen Seymour • Sharon Shaffer • Jan Sheridan • Joy & David Shiffermiller • Jessica Shirley • Eleanor Shirley-Kirkland • Gregg Shonka • Fran Showalter • Tammy Sieber • Elisha Sieck • Linda Simodnyes • Norm & Corine Simon • Scott & Colleen Sims • Alan Slattery • Amber Smith • Judd Karl Smith • P Smith • Ronda Sunday • Kurt & Sue Sonderegger • Sue Sonderegger • Jennifer Sorensen • Peggy Ann Sorensen • Raymond Soroko • Valerie Spale • Donna Speth • Matthew Spitsen • Andy Spricke • St. Augustine E.C. Canterbury Guild • St. Alban's Episcopal Church • St. Andrew's Episcopal Church • St. Anne's Guild of St. Matthew's Church • St. Anthony Foundation • St. Christopher's • St. Joseph's Episcopal Church Women • St. Luke's Episcopal Church • St. Mark's Episcopal Church • St. Mark's on the Campus • St. Mark's United Methodist Church • St. Mary's Episcopal Church • St. Matthew's Episcopal Church • St. Peter's in the Valley Episcopal Church • St. Stephen's Church • St. Thomas Episcopal Church • St. Mary's Episcopal Church Women • The Stanley Works • MJ Stanley • Dennis & Nancy Stara • Starcraft Chapter 307 OES • Coniss Starling • Thomas Starling • Brenda Stauffer • Joseph & Christie Steale • Kent Steen • Susan & Donald Steingeger • Ann Stephens • Julie Stevens • Kathy & Keith Stewart • Larry Stewart • Kim Stokes • Derrick Stolee • Sandra Strizek • Stacy Stupka-Burda • Dian Sugden-Prall • Emily Sung • Jeremy & Jessica Sung • Michael & Mai-Huong Sullivan • Tammy Susie • Tom Sutko • Michelle Svehla • Ronald Svoboda • Michelle Swanger-Gagne • Swanson Biggs Adams Family Foundation • Melissa Swanson • Nicole Sweigard • Traci Swinton • William Synhorst • Mark Tallman • Sue & Tom Tallman • Cathy Tallon • Sabine Tatman • Chuck Taylor • James D Taylor • Joan E Taylor • Barb Tegert • TELCOR Inc • Chad & Laura Thies • Diana Thies • Ellie & Robert Thober • Kevin Thomas • Jackie Ann Thompson • Katie Thompson • Steve Thompson • Patry Thomson • Gretchen Thornburg • Robyn Throckmorton • Michelle Tiedje • James Tomanek • Lisa Tomplen • Sherri Tooley • John & Marie Trayer • Beckie & Conrad Trevino • Trinity Cathedral Episcopal Church • Trinity Memorial Episcopal Church • Thore Truax • Bobby Truie • Anne R Tucker • Ruth Tussey • Leslie Tussing • Dan Tyler • Unico Group • Union Bank • US Bank • Kim Vacek • Allison Marie Van Boening • Denny Van Moorleeghem • Irene Van Moorleeghem • William & Jean Vannoy • Jerry Vaughan • Darcy Verellina • Monica Verellino • Ann Vogel • Joseph & Linda Vritiska • Arthur & Marilyn Wagner • Jeff & Kathy Wagner • Geraldine Walker • Janice Walker • Lisa Walla • Addis Ward • Cynthia Warren • Angie Wassermiller • Katie Watt • Waverly Area Kiuwans • Lucy Webster • Vicky Weiss • Barbara Wells • Jennifer Wenhoff • Pat Werneke • Sue K Whalen • Barbara Whitney • Connie White • Jack & Barbara White • Amber Wicksham • Eileen Wildbahn • Denise A Wiener • William Wieser • Kevin Wieser • Hari Wiguna • Wilcox Family Foundation • Margaret Wilkins • Sue Wilkins • Jay Wilkinson • Sue Wilkinson • Barbara Williams • Rebecca Williams • Andrew Willis • Erin Rose Willis • Keith Willis • Mit & Jeri Willnerd • J. Michael Willness • Brian E Wilson • Lyn Wineman • J L Winsor • Amber Winter • Ben Wittmann • Ryan Wittmann • Steven & Anne Wotta • Pamela Wolf • Wolfe Hardware • Philip Wolfe • Justin Wolta • Women of St. Andrew's Episcopal Church • Women of St. James Episcopal Church • Women of Trinity Episcopal Church • Jon Hindrichs & Donna Woods • World's Foremost Bank • Margaret D. Worth • Bruce Wright • Trina Wolf • Jolene M. Young • Lindsey Young • Scott Young • Brian Zimmer • Larry & Cindy Zimmer • Veronica Zimmer • Donna Zlab • Mark Zlab • Suzanne Znamerneck • David D Zwart • Clarence Zwietzig



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## Amazing Chase VI raises a record \$65,000!

We were bowled over by the generosity of our supporters and the exuberance of the participants in Amazing Chase VI! Thanks to our truly Amazing Chasers, this annual FUNdraiser brought in \$65,000 to benefit St. Monica's clients!

On Saturday, Oct. 15, 2011, 27 teams of four tore through the streets of Lincoln, solving clues, seeking locations, and performing some pretty silly challenges all in an effort to be the first team to find and cross the finish line. The Chase is a powerful reminder that the path to recovery from substance abuse is never a straight line. There are twists and obstacles all along the way, and perseverance and a supportive team will get you to the finish line.

Teams spent two months before the Chase collecting donations for St. Monica's, with the amount of funds raised determining each team's start time. Prizes for the top fundraisers and competitors included trips to the Dominican Republic, Daytona Beach,

and Breckenridge, all donated by supporters of St. Monica's.

- Top fundraisers:
  - 1) UnEXPERIANced (Experian)
  - 2) Cline Williams Wright Johnson and Oldfather
  - 3) The Unbeatables & Travis (Union Bank)



Today St. Monica's is serving 76 women in 7 substance abuse treatment programs ranging from residential to outpatient. We served a total of 375 women in this fiscal year.

- Fastest teams:
  - 1) Scared Hitless (Stanley Healthcare Solutions)
  - 2) 4-Man Wolfpack (Lincoln Benefit Life)
  - 3) Cornerstone Printing & Imaging

Amazing Chase VII will be Oct. 13, 2012. For more information about participating as a sponsor, a team or a volunteer, contact Rebecca Roberts, St. Monica's director of development, at (402) 434-2812.

St. Monica's



Behavioral Health Services  
for Women